

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
<b>Bootcamp</b> 5:45am Susan	<b>Team Training</b> 5:45am Sheryl	<b>Body Combat</b> 5:45am Malory	<b>Body Pump</b> 5:45am Malory	<b>Bootcamp</b> 5:45am John	
<b>Body Pump</b> 8:00am Lauren	<b>Flexercise</b> 8:00am Susan	<b>Butts &amp; Guts</b> 8:30am Amy	<b>Step &amp; Tone</b> 8:30am Chrissy	<b>Body Balance</b> 8:00am Lauren/Blair	<b>Total Body Sculpt</b> 8:15am Jeannette/Sheila
<b>Dance Fitness</b> 9:15am Tracy	<b>Bootcamp</b> 9:15am Chrissy	<b>Dance Fitness</b> 9:15am Tracy	<b>Body Pump</b> 9:15am Lauren	<b>Dance Fitness</b> 9:15am Tracy	<b>Team Training</b> 9:15am Sheila/Jeannette
<b>Tap</b> 10:15am Tracy		<b>Yoga</b> 10:15am Heidi			
<b>Pilates</b> 4:30pm Jeannette	<b>Team Training</b> 4:30pm Kristie		<b>Team Training</b> 4:30pm Jeannette		
<b>30/30</b> 5:30pm Sheila	<b>Combat</b> 5:30pm Malory	<b>Body Balance</b> 5:30pm Lauren	<b>Bootcamp</b> 5:30pm Kristie/Sheila		